

# INTERESTED IN PHYSICAL THERAPY?



Physical therapy (physiotherapy) is a dynamic and challenging health profession dedicated to improving and maintaining physical mobility, independence, health and well-being.

Physical therapists provide valuable health care for people of all ages within a broad range of practice settings. They assess levels of mobility, strength, endurance and other physical abilities to determine the impact of illness or injury on physical function, whether at work, rest or play. They diagnose movement disorders and develop treatment plans to restore movement and reduce pain or limitations to mobility.

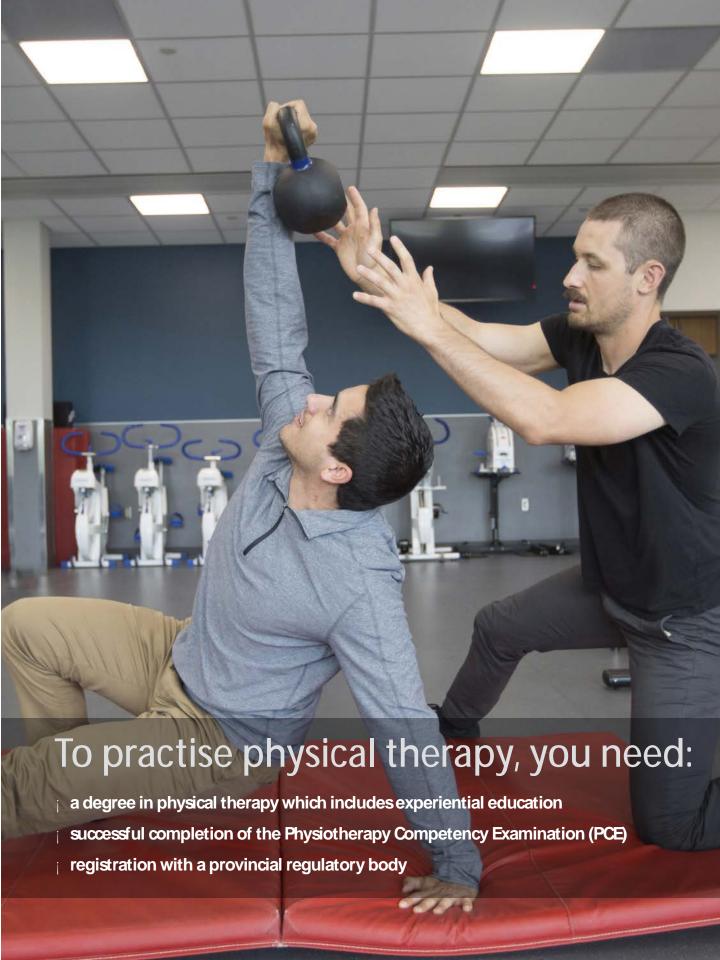
#### Is physical therapy for you?

A career in physical therapy may be exactly what you are looking for if you have:

- ; compassion for others
- i a positive outlook on life
- ; strong communication skills
- i critical thinking skills
- i an interest in movement sciences
- the ability to support, yet challenge, individuals

#### Why physical therapy at uSask?

- small class sizes with friendly, supportive and accessible faculty and staff
- 30 weeks of supervised clinical practice in various health-care facilities and experience areas
- opportunities for interprofessional learning with students of other health professions
- excellent employment rates for graduates



YOUR CAREER **OPTIONS SPORT SERVICES HOME CARE** SPECIAL CARE **PROGRAMS HOMES PRIVATE CLINICS** REHABILITATION **CENTRES** HOSPITALS INDUSTRY UNIVERSITIES SCHOOLS CHILD COMMUNITY **DEVELOPMENT HEALTH CENTRES CENTRES** 



### As a physical therapist, you will:

- provide education and advice for health promotion, disease and injury prevention
- assist clients to be as independent as possible
- prescribe exercise programs to improve strength, movement and function
- assess and treat clients with:
  - fractures, joint and muscle conditions/injuries
  - stroke, spinal cord and brain conditions/injuries
  - arthritis, diabetes, multiple sclerosis, heart and lung conditions
  - acute or chronic pain

## **OUR PROGRAM**



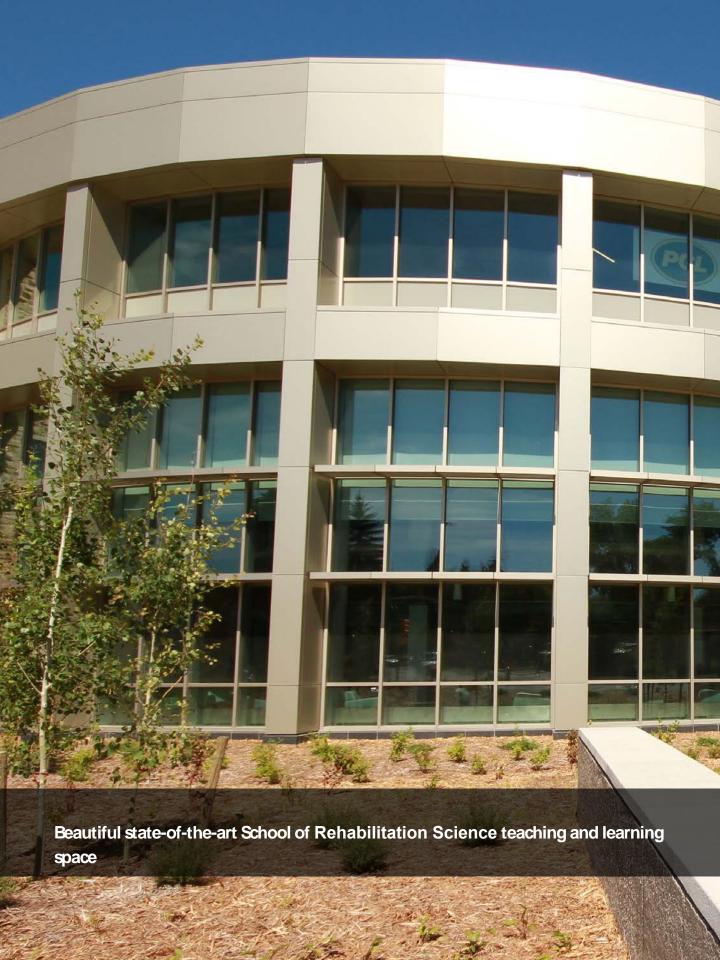
Mission: Excellence in Physical Therapy and Rehabilitation Science teaching, research, scholarship and leadership to improve the quality of life and wellbeing for all people of Saskatchewan and beyond.

### Master of Physical Therapy (MPT)

The national educational requirement to practice physiotherapy in Canada is a professional Master's degree.

The MPT program at the University of Saskatchewan is a two year and six week program after completing a four year undergraduate degree. Students entering the MPT program will be engaged in full time study for 11 of the 12 months of the year. This differs from most university programs which offer courses from September to April.

The curriculum is based on several curricular themes, objectives and outcomes which form the foundation of the MPT curriculum and are interwoven throughout the program. The ultimate goal of the MPT program is to produce physical therapists who are prepared to provide high-quality physical therapy care in a wide range of settings.



# YOUR USASK EXPERIENCE



The MPT Program at uSask offers students:

- a nationally accredited program recognized as having a strong curriculum
- state-of-the-art, integrated facility that supports and enables collaboration between students, faculty and researchers in all health science disciplines
- supervised clinical practice in the program and in various healthcare settings to gain hands-on experience
- scholarships and bursaries specifically for physical therapy students
- outstanding career opportunities

#### **Getting involved**

Physical Therapy students are a close-knit group who are actively involved in the life of the School. The Physical Therapy Student Society hosts a number of charity, athletic and social events and enthusiastically promotes the program and profession.

#### **Education Equity Program**

Each year, six first-year positions in the MPT program are designated for applicants of Aboriginal ancestry. To be considered for the Education Equity Program for Aboriginal students, applicants will be required to provide proof of Aboriginal ancestry (First Nations, Métis or Inuit) and must meet the entry requirements for the MPT program.

The Aboriginal Student Coordinator offers support services for Aboriginal students in Physical Therapy and Medicine. The coordinator offers an open door policy for Aboriginal and non-Aboriginal health science students interested in cultural resources and programming at uSask.

#### Students with Disabilities

The School of Rehabilitation Science welcomes inquiries from students with disabilities. Prospective students with disabilities should be aware there are considerable physical and cognitive demands associated with this profession. For policies and procedures related to students with disabilities, please refer to the School website.



### Practical experience

Students enjoy extensive hands-on experience integrated throughout the program by practicing with each other in labs, with simulated patient actors and with actual patients during internships.

# READY TO APPLY?



### Applicants to the MPT program must:

- meet the School of Rehabilitation Science residency requirements
- hold a four-year baccalaureate degree (in any discipline) from a university or college of acceptable standing
- have successfully completed prerequisite courses in human physiology, human anatomy, and statistics
- provide official test results of English language proficiency, as applicable

Forty students are accepted into the program each year. Selection for admission is based upon academic performance (i.e. SWA - Sessional Weighted Average), CASPER® score, and Personal Statement. The minimum SWA for admission eligibility is 75% and is calculated using at least 60 credit units most recently completed. Applicants are ranked according to the SWA and the top 100 applicants will be asked to continue their application with submitti CASPER® test scores and a personal statement.

When computing applicants' admission scores, the CASPer®/ Personal Statement scores is weighted 40%. The admission average is weighted 60%.

Students are encouraged to visit the School of Rehabilitation Science website for up-to-date information on the program, admission requirements and application deadlines.





UNIVERSITY OF SASKATCHEWAN
School of
Rehabilitation Science

COLLEGE OF MEDICINE MEDICINE.USASK.CA/SRS