

## Orientation Session 1

### Masters of Physical Therapy Students Cohort 2022

**Title: *Community: Together Apart***

This session will be set via Zoom. You will be sent the invite in advance. We also have requested you to send an introductory video of yourself to Joy Richardson [joy.richardson@usask.ca](mailto:joy.richardson@usask.ca). If you have any technology concerns, please check in with Joy.

**Facilitators for this Session:**

Cathy Arnold, Director of the School of Rehabilitation Science

Peter Hedley, Director of Student Affairs and Services, University of Saskatchewan

Bev Digout, Student Affairs Co-ordinator, School of Rehabilitation Science and Undergraduate Medical Education, College of Medicine

Joy Richardson, Administrative Co-ordinator, Continuing Education, School of Rehabilitation Science

**Tentative Schedule:**

8:30 Land Acknowledgements and Introductions Peter, Cathy, Bev and Joy

8:45 Setting the Stage for Wellness in a New World of Learning – Self, School community, University community

10:00 Body Break and Getting to Know Each Other Videos

10:45 Discussion Sessions Wellness Strategy and Ice Breakers *Community Together Apart*

11:45 Close/Final Remarks