



## Clinical Placement 2 – Expectations of Students

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### Course Description

Clinical Practice Two (CP 2) is a five week, full-time (approx. 37.5 hrs/week) clinical course where theory is applied from all academic modules preceding it. It is the first clinical course in the MPT program. This placement typically occurs in rural, regional and remote Saskatchewan centres outside of Regina and Saskatoon.

CP 2 provides a broad clinical experience including opportunities to manage (or help manage) a number of patients with a variety of diagnoses (i.e. inpatients, outpatients, different systems, diversity of patient ages, health status). The emphasis is on the application of basic physiotherapy skills including range of motion measurement, strength testing, posture and gait assessment and interview skills.

### Clinical Practice 2 Course Objectives

Upon completion of the course, students will be able to:

1. Apply an evidence-based analysis of various assessment and treatment procedures employed.
2. Apply and evaluate effective communication strategies with patients, families, caregivers, and other health professionals as individuals and groups including specific application of educational principles and delivery of health promotion education.
3. Demonstrate professional behaviors in the clinical setting which will include: confidentiality, respect for staff and patients, constructive criticism, self-directed learning, reflective learning, obtaining consent for physical therapy management, and other aspects of legal and ethical practice.
4. Implement and document a basic, individualized physical therapy assessment with emphasis on subjective assessment, analysis of movement, applied anatomy and exercise physiology.
5. Prioritize patient problems, based on interpretation of assessment data collected. Plan and document a basic treatment approach emphasizing patient goal setting, basic exercise prescription, and appropriate use of cryotherapy and thermotherapy.
6. Demonstrate sensitivity to, and respect for, each client's rights, dignity, and unique mix of characteristics including gender, age, ethnicity, religion, culture, language, lifestyle orientation, health and cognitive and behavioral status.

### General Expectations

Students are expected to demonstrate the following throughout the Clinical Placement (CP 2) course:

- Effective communication and professional behavior
- A basic understanding patient assessment (reading health record, interviewing other health professionals to understand patient status, interviewing patients, performing basic observation and objective tests, re-assessing to determine progress in patient status)
- Basic assessment and/or therapeutic techniques including rationale for these techniques and specifying treatment goals
- Increase in confidence and competence with caseload management



## Definitions of Performance

### Beginner

Student requires close clinical supervision 90-100% of the time initially



### Advanced Beginner

Student requires clinical supervision (i.e. monitoring, discussing, observing) 75% - 90% of the time with simple patients, and 100% of the time with complex patients

Students are expected to progress from an 'Beginner' level toward an 'Advanced Beginner' level throughout CP 2. The student should be ready to share a caseload with the clinical instructor and progress to managing a limited caseload of patients with simple conditions.

## Performance Evaluation for Clinical Practice Two (CP 2)

Every student is expected to independently orient to the ACP 2.0 via the short online training module (30-45 minute time commitment) via the following link: <https://app.rehab.utoronto.ca/ACP2.0>

Note: The module is best viewed with Chrome.

## Student In-service Presentation on Placement

At least two (2) in-service presentations to health care professionals (physical therapists or other health care providers) over the course of the five (5) clinical placements are required. The student may choose during which two clinical placements they wish to deliver the in-service presentations. ***These in-service presentations are required in addition to any education sessions that are delivered to clients as part of client care.***

\*In addition, a clinical site or clinic may require the student to do a presentation as part of the total learning experience or the caseload management (i.e. to the health care team). This presentation may be in addition to the mandatory two chosen in-service presentations.

## Clinical Checklists

Students must maintain a record of their caseload experience for each clinical placement in the form of a diagnostic and clinical skills applied checklist. Students may wish to show CI's their progress in completing these clinical checklists, or the Clinical Instructor may ask about this. These clinical checklists must be maintained throughout CP 2.

## Self-directed Learning

Students are expected to fully participate in self-directed learning in order to maximize their learning and are accountable for all self-directed activities through evaluation.

## Access and Equity Services for Students

Access and Equity Services (AES) is guided by Saskatchewan's Human Rights legislation and the duty to accommodate individuals requiring accommodations based on disability, religion, family status and gender identity. We encourage students who require such accommodations to contact AES directly. For more information, please visit their [website](#) or contact AES by phone at (306) 966-7273 or email: [AES@usask.ca](mailto:AES@usask.ca).