



## Clinical Placement 3 – Expectations of Students

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### Course Description

Clinical Practice Three (CP 3) is a six week, full-time (approx. 37.5 hrs/week) clinical course where theory is applied from all academic and clinical modules preceding it with the primary focus on Modules 3, 4, 5, and 6 and the core systems relevant to Physical Therapy practice: Musculoskeletal, Cardiorespiratory, Neurological.

Students are expected to demonstrate basic assessment and program planning in the core systems and, under supervision, take the patient from admission to discharge for at least a portion of their caseload. For the more complex portion of a caseload assignment, the student is expected to collaborate with the clinical instructor and assist in cooperative caseload management.

### Clinical Practice 3 Course Objectives

Upon completion of the course, students will be able to:

1. Establish effective communication strategies with the patients, families, caregivers, other health professionals and community agencies.
2. Incorporate the broad determinants of health relevant to the patient or population, community development principles and principles of primary health care.
3. Demonstrate safe, ethical, culturally sensitive and autonomous professional practice.
4. Demonstrate an organized and individualized physical therapy assessment with emphasis on subjective and objective assessment of musculoskeletal, cardiorespiratory and neurological systems.
5. Prioritize patient problems based on interpretation of assessment data collected.
6. Formulate a physical therapy diagnosis based on interpretation of assessment data collected.
7. Develop a basic treatment plan emphasizing individual exercise prescription, health promotion education and appropriate use of electro-physical modalities.
8. Apply an evidence-based rationale for assessment and treatment procedures employed.
9. Reflect on their practice which includes: self-evaluation of actions and decisions with continuous improvement of knowledge and skills.
10. Recognize the defining features that clinical settings present, including their funding models, and deliver physical therapy services in the unique context of that setting.
11. In a non-judgmental manner, develop a rationale for the therapeutic approach based on an understanding of the patient situation.

### General Expectations

Students are expected to demonstrate the following throughout the Clinical Placement (CP3) course:

- Effective communication and professional behavior
- Gradual increase in independence and responsibility for most aspects of comprehensive caseload management including scheduling, assessment, documentation, treatment planning and implementation, education, treatment progression, and discharge planning
- Teamwork skills and application of a problem-solving approach to caseload management



## Definitions of Performance

### Advanced Beginner

Student requires clinical supervision (i.e. monitoring, discussing, observing) 75% - 90% of the time with simple patients, and 100% of the time with complex patients



### Intermediate

Student requires clinical supervision (i.e. monitoring, discussing, observing) less than 50% of the time with simple patients, and 75% of the time with complex patients

**Students are expected to progress from an 'Advanced Beginner' level toward an 'Intermediate' level throughout CP 3.**

The student will begin by sharing a caseload with the CI and progress toward maintaining approx. 50% of a full-time new graduate physical therapist's caseload.

## Performance Evaluation for Clinical Practice Three (CP 3)

Every student is expected to independently orient to the ACP 2.0 via the short online training module (30-45 minute time commitment) via the following link: <https://app.rehab.utoronto.ca/ACP2.0>

Note: The module is best viewed with Chrome.

## Student In-service Presentation on Placement

At least two (2) in-service presentations to health care professionals (physical therapists or other health care providers) over the course of the five (5) clinical placements are required. The student may choose during which two clinical placements they wish to deliver the in-service presentations. ***These in-service presentations are required in addition to any education sessions that are delivered to clients as part of client care.***

\*In addition, a clinical site or clinic may require the student to do a presentation as part of the total learning experience or the caseload management (i.e. to the health care team). This presentation may be in addition to the mandatory two chosen in-service presentations.

## Clinical Checklists

Students must maintain a record of their caseload experience for each clinical placement in the form of a diagnostic and clinical skills applied checklist. Students may wish to show CI's their progress in completing these clinical checklists, or the Clinical Instructor may ask about this. The student's checklist for CP 2 should have been completed previously.

## Access and Equity Services for Students

Access and Equity Services (AES) is guided by Saskatchewan's Human Rights legislation and the duty to accommodate individuals requiring accommodations based on disability, religion, family status and gender identity. We encourage students who require such accommodations to contact AES directly. For more information, please visit their [website](#) or contact AES by phone at (306) 966-7273 or email: [AES@usask.ca](mailto:AES@usask.ca).