



The content was designed from an Indigenous world view, delivered through the voices and stories of Indigenous community members and scholars. Health care practitioners who complete the course will have the knowledge, skills and insights to implement an interprofessional approach to understanding and supporting the wellness of Indigenous patients, families and communities. The final assignment will be to develop a Culturally Responsive Health Care Plan and Indigenous Communications Strategy applicable to your work-place environment.

1. COURSE CONTENT

Module 1 - PERSONAL REFLECTION: INDIGENOUS WORLD VIEW AND HOW THESE AFFECT HEALTH CARE

- Topic 1: How Do My Beliefs About Healthcare Influence My Own Health Care Decisions
- Topic 2: Intergenerational Trauma – Racism in Health Care
- Topic 3: Relationship Building and Communication Strategies to Enhance Cultural Safety

Module 2 - CULTURAL SAFETY: HOW THE PAST INFORMS THE PRESENT

- Topic 4: Residential Schools and Intergenerational Trauma
- Topic 5: What is Cultural Safety?

2. LEARNING OBJECTIVES

After successfully completing this course, participants will be able to:

- Describe how ‘cultural genocide’ led to intergenerational trauma that impacts the health and wellness of Indigenous people
- Identify how the current health disparities faced by Indigenous peoples have their roots in their historical and current institutional experiences
- Explain how reclaiming Indigenous culture and beliefs may allow for healing
- Describe how the current environment contributes to health disparities
- Develop communication strategies that create and enhance culturally respectful health care

3. TARGET AUDIENCE

The course is suitable for health care professionals and others that work in the health care community. Enrollment is open to non-clinical health care workers and stakeholders.

4. TIME/DATE

This online course is self-directed. Participants are expected to complete the online modules at their own pace, within their registered time frame. Sessions will be available to commence on **October 15, 2020 and be available to December 15, 2020** (8 weeks).

5. COST

Registration fee is \$150 + GST. NOTE: Participants eligible to receive CME accreditation certificates will be sent an email within one week after the session end-date.

6. REGISTRATION

Register at: <https://communityconferences.usask.ca/index.aspx?cid=328> You will be asked to complete an online form. Confirmation of registration will be emailed to you once you have completed and submitted the online form. Login and preparation instructions will be sent to you separately, prior to the start of the course.

Course contacts: Dan Mittelholtz • dan.mittelholtz@usask.ca 306-966-7791 * Joy Richards joy.richards@usask.ca 306-966-7473

CANCELLATION & REFUND POLICY

Cancellations must be received in writing before Oct 5, 2020 and will be subject to a \$50.00 administration fee. Refunds will not be considered on or after Oct 15, 2020. The Divisions of Continuing Medical Education and Continuing Education in Rehabilitation science, University of Saskatchewan reserve the right to cancel or postpone a course due to insufficient registration or circumstances beyond our control. This course may be cancelled twenty (20) days prior to the course date. Each registrant will be notified with a full refund following. Non-attendance does not constitute notice of withdrawal.

SMA EDUCATION FUND
Up to \$3000 of fees for recognized continuing medical education (CME) activities can be recovered each year by Saskatchewan physicians from the CME fund managed by the SK Medical Association (SMA).

DECLARATION OF POTENTIAL CONFLICT OF INTEREST
In keeping with accreditation guidelines, speakers will be requested to disclose to the audience any real or apparent conflict(s) of interest, relating not only to the subject matter of this program but also to any other medical topic.

PLANNING COMMITTEE
Dr. Veronica McKinney Val Arnault-Pelletier
Dr. Sarah Oosman Dr. Stacey Lovo Grona
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