

*Translated by Randy Morin, Assistant Professor,
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nêhiyawêwin

êkawiyâ mâskipitiso

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"TAKING CARE OF YOUR BACK"



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<https://www.northerndocs.ca>



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**SASKATCHEWAN
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<https://saskphysio.org>

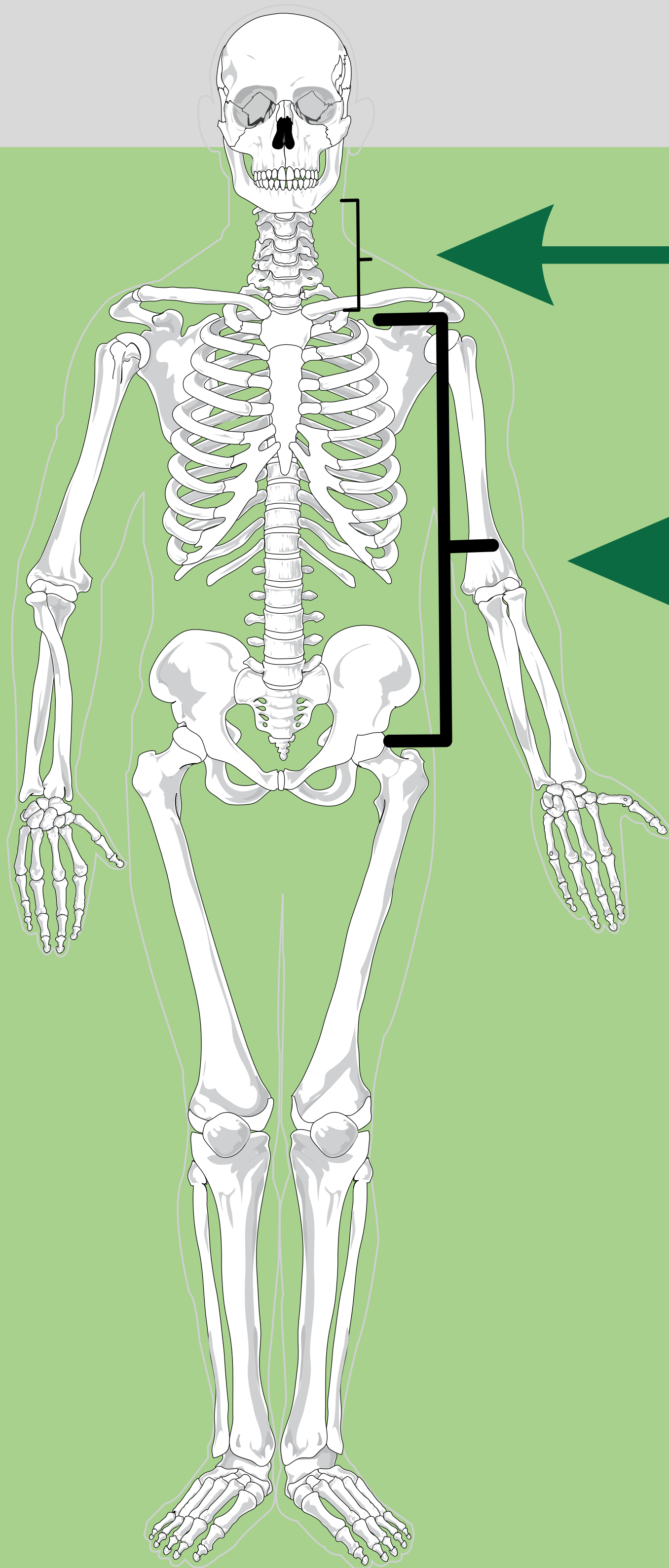


***nātawihowin and
mamawiikikayaahk***

Research, Training, and Mentorship Networks
Saskatchewan NEIHR skneihr.ca

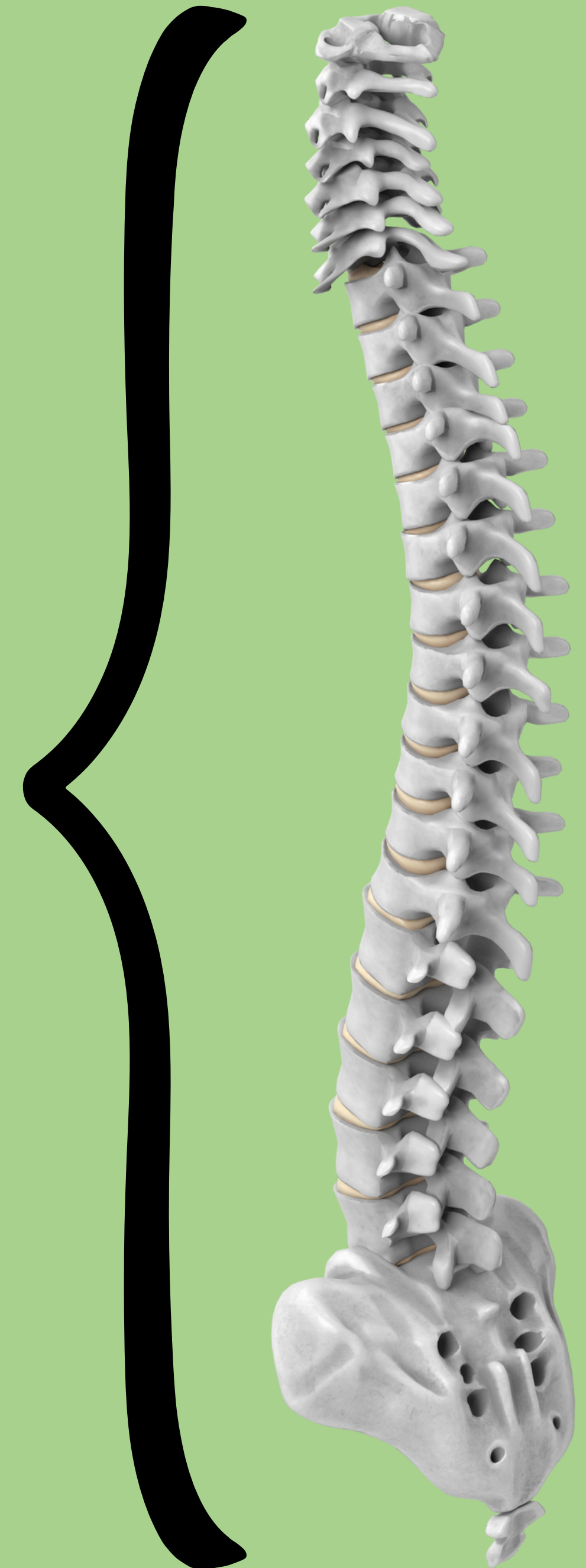
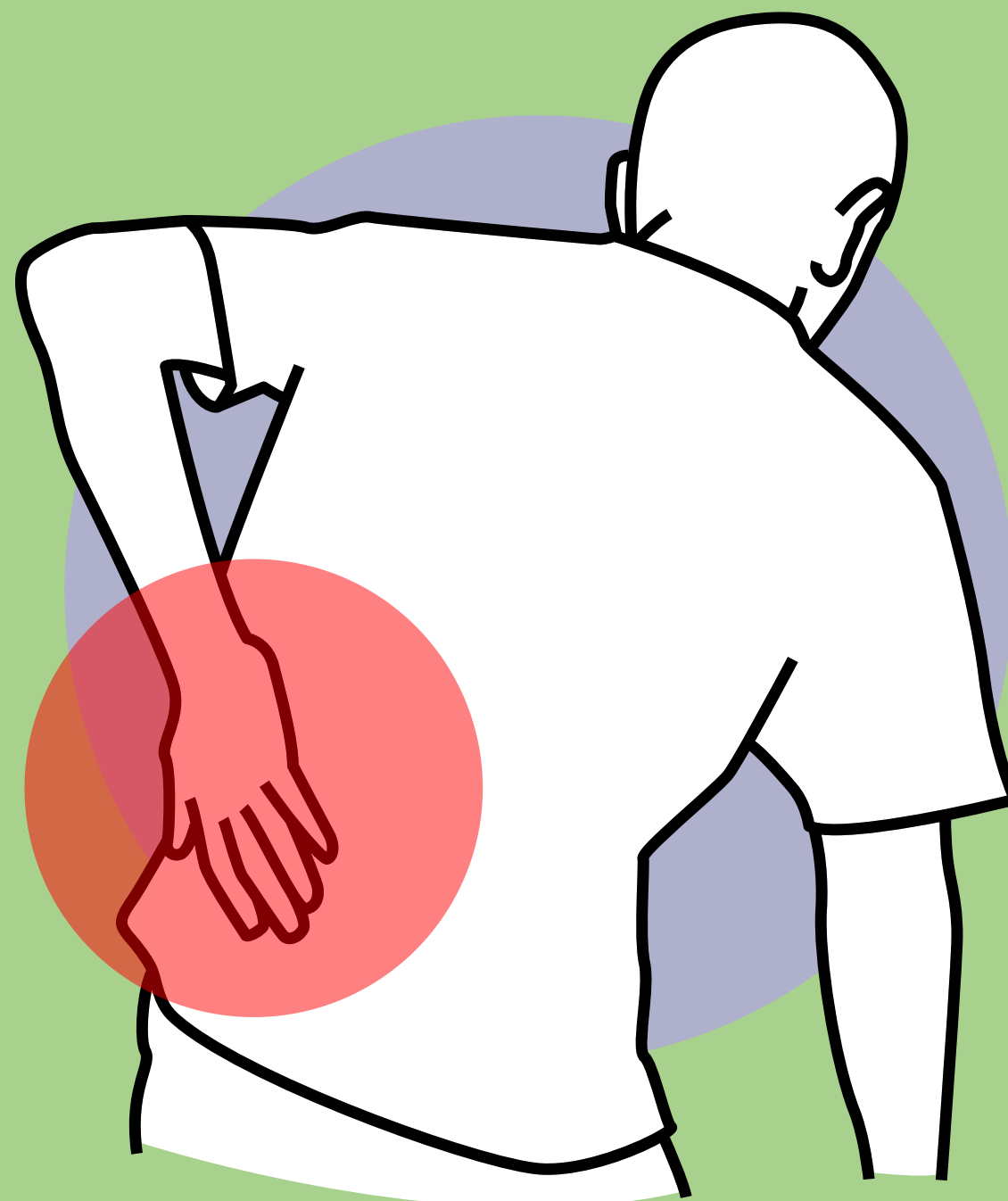
<https://research-groups.usask.ca/sk-neihr/>

Anatomy



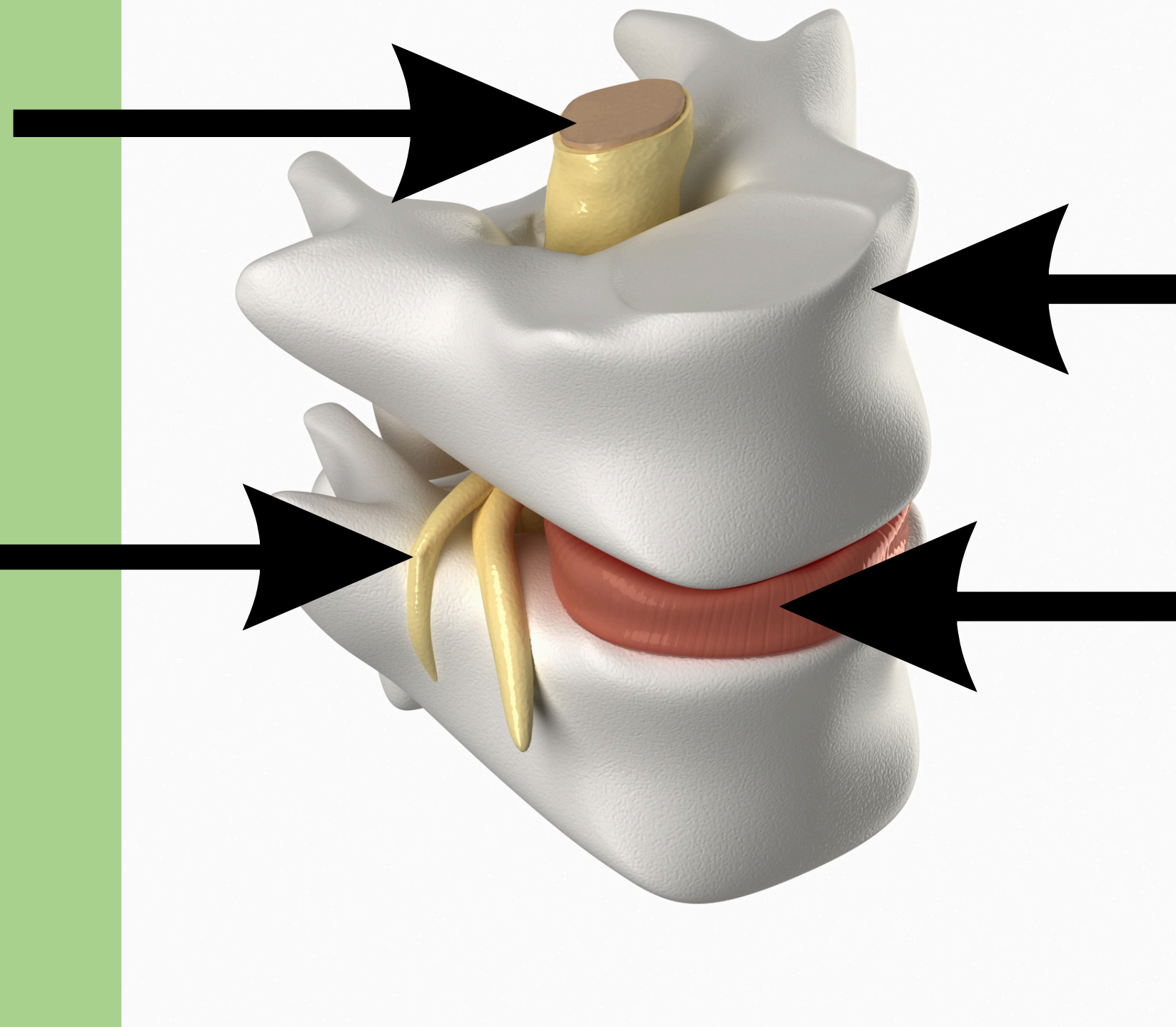
mikwayaw (neck)

mâwikan (spine)



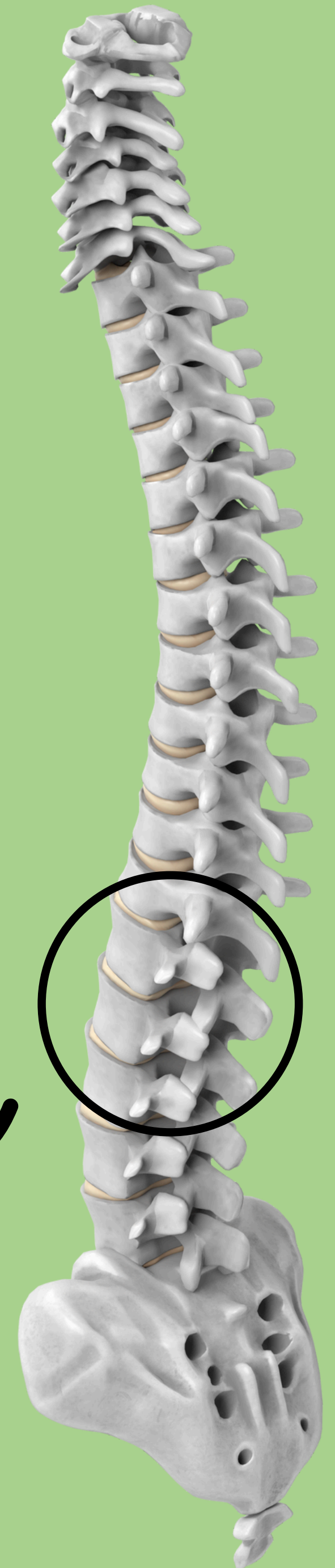
Anatomy

mâwikanâpay
(Spinal Cord)

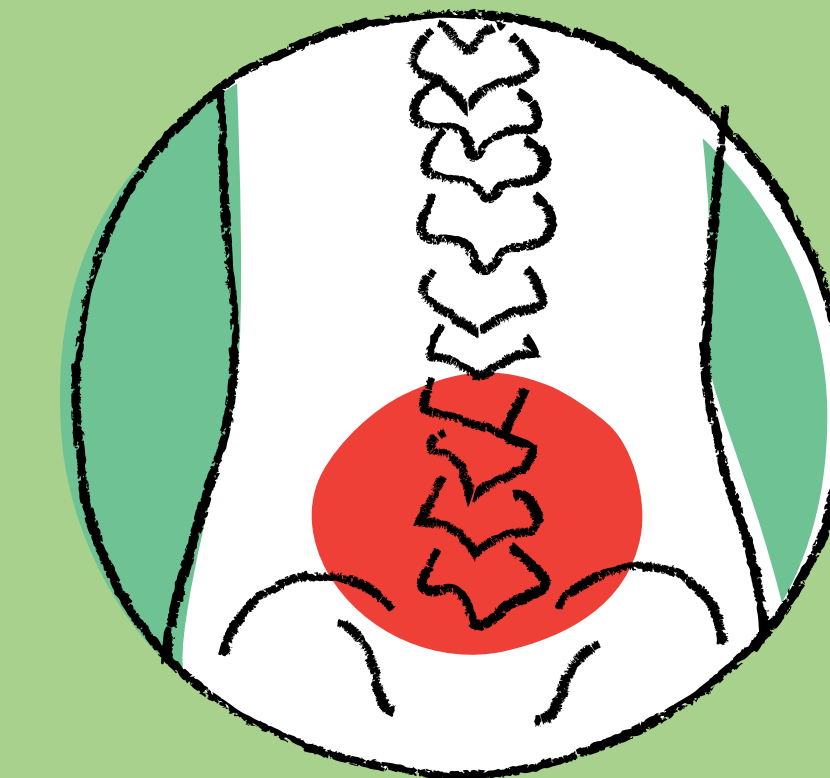
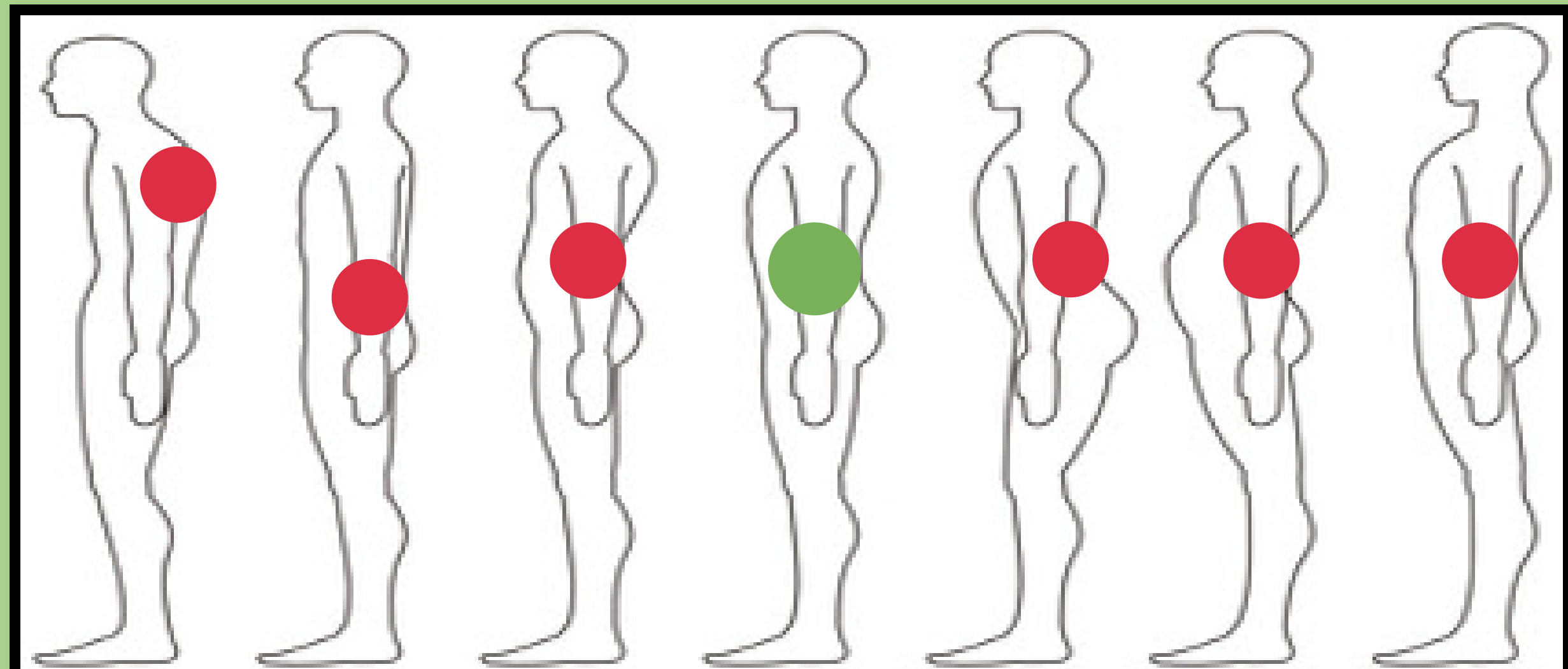


wâkaniyapay
(Vertebra)

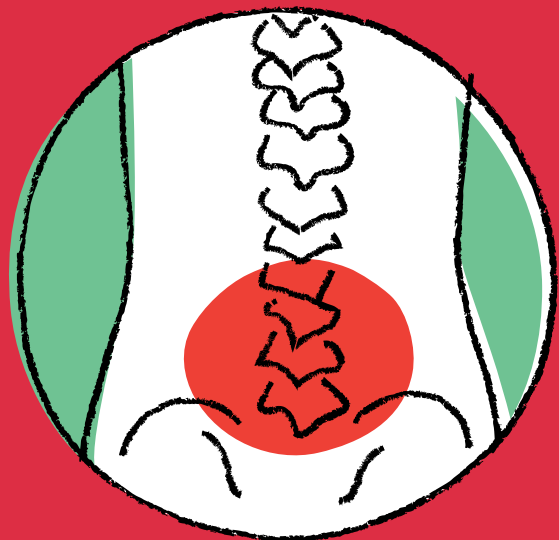
okôskaskatawân
(Disc)



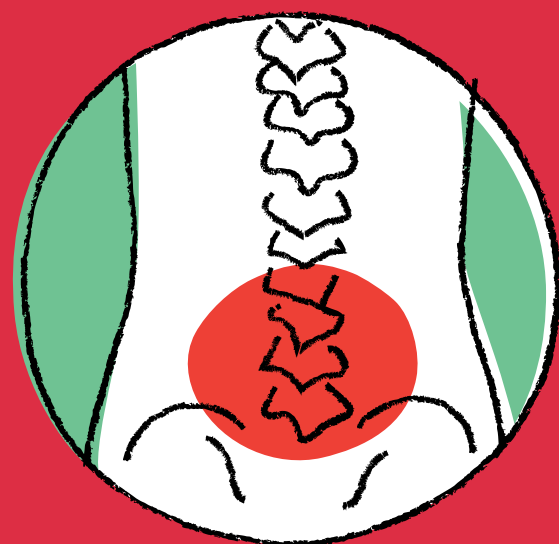
môsihowinis
(Nerve)



pihtikwâcimihhtë (Bring Wood In)



wêpahikêwin (Sweeping)



ê-kiskwahk kîkway (Something Heavy) pihtikwâcikâtêki mîcowina (Groceries)

