

CERS Webinar - Practical Approaches for Burn Rehabilitation in Saskatchewan - Resource List

Survivor Support

1. Burn Fund Saskatchewan
 - <https://www.spffpaburn.ca/home>
2. Phoenix Society
 - <https://www.phoenix-society.org/>
3. Canadian Burn Survivors Community
 - <https://www.canadianburnsurvivors.ca/>
4. Saskatchewan Burn Support Network
 - <https://www.facebook.com/saskburnsupportnetwork/>

Clinician General Information

1. Management of Burns and Skin Grafting Options
 - OPEN ACCESS: Greenhalgh DG. Operative Management of Burns: Traditional Care. Eur Burn J. 2023 Jun 19;4(2):262-279. doi: 10.3390/ejb4020024. <https://pmc.ncbi.nlm.nih.gov/articles/PMC11571865/>
2. American Burn Association Clinical Practice Guidelines
 - <https://www.ameriburn.org/quality-care/clinical-practice-guidelines>

Cutaneous Functional Units

1. Goniometry and Cutaneous Functional Units
 - OPEN ACCESS - Parry I, Richard R, Aden JK, Yelvington M, Ware L, Dewey W, Jacobson K, Caffrey J, Sen S. Goniometric Measurement of Burn Scar Contracture: A Paradigm Shift Challenging the Standard. J Burn Care Res. 2019 Jun 21;40(4):377-385. doi: 10.1093/jbcr/irz038. PMID: 30919903. <https://pubmed.ncbi.nlm.nih.gov/30919903/>
2. Article with CFU diagram
 - NOT OPEN ACCESS - Yelvington, M. L., & Parry, I. (2023). Integration of Cutaneous Functional Units Principles in Burn Rehabilitation: A Diffusion of Innovations Assessment. Journal of Burn Care & Research, 44(5), 1134–1139. <https://doi.org/10.1093/jbcr/irad007>

Scar Massage

1. Video of Scar Massage Techniques: Journal of Burn Care and Research, Jan 2016, Experienced therapists from 6 countries created a video on the consensus of ten techniques for scar massage
 - <https://www.youtube.com/watch?v=oKszhYKy-9w>

Mobility/Exercise Guidelines

1. Rehabilitation Exercise Training for Post Burn
 - NOT OPEN ACCESS - Palackic, A., Suman, O. E., Porter, C., Murton, A. J., Crandall, C. G., & Rivas, E. (2021). Rehabilitative Exercise Training for Burn Injury. *Sports Medicine (Auckland)*, 51(12), 2469–2482. <https://doi.org/10.1007/s40279-021-01528-4>
2. Practice Guideline for Exercise Training Post Burn
 - NOT OPEN ACCESS - Nedelec, B., Parry, I., Acharya, H., et al (2016). Practice Guidelines for Cardiovascular Fitness and Strengthening Exercise Prescription After Burn Injury. *Journal of Burn Care & Research*, 37(6), e539–e558. <https://doi.org/10.1097/BCR.0000000000000282>
3. Practice Guidelines for Early Ambulation after LE Skin Grafting
 - NOT OPEN ACCESS- Nedelec, B., Serghiou, M. A., Nizszczak, J., McMahon, M., Healy, T. (2012) Practice Guidelines for early ambulation of burn survivors after lower extremity grafts. *J Burn Care Res*, 33 (319-329).
 - <https://academic.oup.com/jbcr/article/33/3/319/4588677?login=true>

Frostbite

1. American Burn Association Clinical Practice Guideline for Frostbite
 - OPEN ACCESS - Wibbenmeyer, L., Lacey, AM., Endorf, FW., Logsetty, S., Wagner, AL., Gibson, AL., Nygaard, RA., (2024). American Burn Association Clinical Practice Guidelines on the Treatment of Severe Frostbite, *Journal of Burn Care & Research*, Volume 45, <https://doi.org/10.1093/jbcr/irad022>
2. Canadian Frostbite Care Network
 - <https://www.frostbitecare.ca/>

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If you are unable to access resources, please contact lacey.nairnpederson@usask.ca